

# Middlesex County Dental Society



## Middlesex County & Franklin Township

Dear Friends -

COVID has affected everyone in New Jersey, especially our most needy families. Food banks have always been needed to supplement the nutritional needs of many residents throughout the state. This past Spring when COVID hit our economy the hardest, Governor Murphy had the state contribute to food banks. This helped provide relief to the increased numbers of families in need. However, the state is no longer able to contribute. Food and other items are needed as we get into the winter months, especially in January and February. These are the most critical months for food banks as the shelves will be empty. Our office has volunteered to collect donations for the food banks above.

Please bring in any of the items that you can that are listed to the right from now through January 15, 2021.

**Help give back to the community and to those who need it the most!**

Please help ensure that Middlesex County and Franklin Township residents in need have access to nutritious foods and necessities like:

- Canned Chicken
- Cereal
- Macaroni & Cheese
- Canned Meats & Sauces
- Canned Vegetables (low sodium preferred)
- Canned Fruits (low sugar)
- Diapers & Wipes
- Broths, soups, stews and chili (low sodium preferred)
- Healthy Snacks/Granola Bars
- Rice
- Pasta
- Dry Beans (red, black & pinto)
- Paper Products
- Soap, Shampoo, Toothpaste

**\*\* (Unopened canned and packaged goods only - No perishable items - No glass items.) \*\***

**Thank you for your support and generosity.**