

# Middlesex County Dental Society

**Role of the Dentist in Dx'ing & Tx'ing Snoring & Obstructive Sleep Apnea**  
 Thursday; May 27, 2003 6:30-8:30PM **2 CEU** Dr. Richard Champagne  
 COST: MCDS / NJDA members \$15----Staff \$15 Non-Members \$50

**Course Objectives:**

- To be aware of the dentist's role in diagnosing and treating sleep disordered breathing
- To learn how to screen for patients who should be referred for testing and diagnosis
- To understand the pathophysiology that is involved in snoring and sleep apnea
- To gain an understanding of oral appliance therapy

## Annual OSHA Certification Seminar

Thursday June 10, 2004 6:30-8:30PM **2 CEU** Matt Giachetti  
 COST: MCDS / NJDA members \$15----Staff \$15 Non-Members \$50

This program will satisfy the OSHA standard on Occupational Exposure to Blood Borne Pathogens, which is **required annually for dentists and staff**. Each office person trained will receive certification that they have been properly instructed for this OSHA regulation on Infection Control.

## How to Reduce High Bites and Open/Tight Contacts and Guarding your Patient's Occlusal Health

Wednesday June 16, 2004 9:00AM - 4:00PM **ALL DAY 6 CEU** Dr. Robert Cowie  
 COST: MCDS / NJDA members \$75----Staff \$25 Non-Members \$150 ***includes Box Lunch***

**This program is being sponsored by Excel-Berger Dental Lab North Brunswick, NJ**

**\*\* See full course description on reverse side \*\***

**Place:** St. Peter's Medical Center New Brunswick, NJ

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### REGISTRATION FORM

**Office Name** .....

**Office Address** .....

**Office Phone #** ..... **Office Fax #** .....

Return by mail to: (checks payable to Middlesex County Dental Society)

**MIDDLESEX COUNTY DENTAL SOCIETY PO Box 7026 East Brunswick, NJ 08816**

MCDS OFFICE: (732) 238-1255 MCDS FAX: (732) 390-2332

<u>Name</u>	<u>Title</u>	<b>Sleep Apnea/Snoring</b> May 27	<b>OSHA</b> June 10	<b>Dr. Robert Cowie</b> June 16
_____	_____	*	*	*
_____	_____	*	*	*
_____	_____	*	*	*
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*Use reverse side for additional names*

**Total** \$ \_\_\_\_\_ \$ \_\_\_\_\_ \$ \_\_\_\_\_

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## PRESENTS

### How to Reduce High Bites and Open/Tight Contacts and Guarding your Patient's Occlusal Health

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#### How to Reduce High Bites and Open/Tight Contacts

Too many crowns/bridges look perfect on the model only to fall drastically short of expectations at the seating appointment. The necessary time-consuming adjustments to the occlusion and/or contacts can leave you and your patient feeling frustrated.

Finding a laboratory that can deliver a completed case requiring little to no adjustment is the biggest challenge a dentist faces when prescribing a crown or bridge. To identify factors that determine whether a crown will fit, a study was recently undertaken to explore dentist-laboratory interaction and how it ultimately affects case outcome.

In "How to Reduce High Bites & Open/Tight Contacts," Dr. Robert Cowie will review the study results to shed light in what goes wrong and to offer suggestions that will prevent future mistakes.

Seminar highlights include:

- Review of the study, analyzing occlusion and contacts of 30 single-unit crowns
- Photo documentation of crowns as they came back from the laboratory and then after adjustment
- Step-by-step protocol for seating a crown that will help the dentist or assistant evaluate the result from the lab
- Time- and money-saving tips that will minimize adjustments
- Simple steps to improve the predictability and profitability of your single crowns
- Principles that can be applied to make big crown and bridge cases better and easier
- How to use your laboratory as a resource to help you provide better quality dentistry

#### Guarding your Patient's Occlusal Health

Are you looking for ways of providing better service for your patients? Setting yourself apart from the rest of the dentists in the area? Providing a service that is relatively easy to deliver, of value to your patient, and that can be profitable to the dentist and their team? It is time that the dental community reengineers their practices to treat occlusal disease as effectively as we learned to treat bacterial disease.

Program Highlights:

- The indications for a nightguard
- The etiology of occlusal wear
- Which arch should receive the appliance
- The steps needed to fabricate a nightguard
- How to decrease delivery time and get a predictable result
- And how to get the patient to say yes on Monday morning to accepting treatment

Dr. Robert Cowie is a 1976 graduate of Northwestern University Dental School and practices in Jacksonville, Florida. He holds membership in numerous professional organizations including the Jacksonville Dental Society [past President], the AGD, the American Equilibration Society, the Florida Academy of Dental Practice Administration, and the Pierre Fauchard Academy. He completed the continuums at the Center for Advanced Dental Studies and the L.D.Pankey Institute. Dr. Cowie has lectured nationally while continuing to practice a minimum of 30 hrs. a week chairside.

**These seminars are available to our members as a member benefit of MCDS**

**Please note that the Dr. Robert Cowie seminar normally has a fee of \$189 for Dentists and \$129 for Staff...this is certainly a fantastic saving for MCDS members**  
**This program is being sponsored by Excel-Berger Dental Lab North Brunswick, NJ**  
**Contact Marlene; Middlesex County Dental Society Exec. Secretary at #732-238-1255**